





# SPONSORSHIP FORM

I'm fundraising for Maggie's to help support people with cancer and their families. Thanks for any amount you can contribute.

PARTICIPANT'S NAME: ..... EVENT DATE: .....

TITLE	FULL NAME	FIRST LINE OF ADDRESS	POSTCODE	AMOUNT	GIFT AID*
					<input type="checkbox"/>
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TOTAL AMOUNT £

## £60

could help pay for a gentle exercise class for up to ten centre visitors to support them before, during and after treatment; helping with energy levels, treatment side effects, sleep, mental health, self-image and confidence.

## £100

could help pay for a two-hour Managing Stress workshop for up to ten centre visitors; helping them deal with thoughts, emotions and worries before, during and after any cancer treatment.

## £300

could help pay for a one-week exercise course giving our centre visitors more energy, build confidence, support with low moods, improve sleep, self-image and for general overall health.

## £500

could help pay for an hour of support across all 24 centres with a benefits advisor which could help reduce any feelings of anxiety and uncertainty around money, at what can be an already stressful time.

## £1,000

could help pay for a Family Day at a centre, which gives families coping with cancer an opportunity to meet programme staff for support and guidance as well as hearing from other families going through a similar experience.

VISIT [WWW.MAGGIES.ORG](http://WWW.MAGGIES.ORG) TO FIND OUT MORE ABOUT MAGGIE'S AND THE IMPACT OF YOUR SPONSORSHIP.

Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie's) is a registered charity, no. SC024414

